

## April 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cabbage Rolls in Sauce Parsley Potatoes Corn Peaches Choice of Bread / Marg. Choice of Milk	2 Meatloaf A gratin Potatoes Mixed Vegetables Banana Vanilla Pudding Choice of Bread / Marg. Choice of Milk	3 Ground Beef Stroganoff over Noodles With Mushrooms and Peas Mashed Potatoes w/ Gravy Green Beans Fresh Orange Choice of Bread Choice of Milk	4 BBQ Chicken Quarter Whole Buttered Potatoes Broccoli Pears Buttermilk Biscuit / Marg. Choice of Milk	5 Creamy Macaroni & Cheese Okra & Tomato Casserole Baked Cinnamon Apple Slices 100% Fruit Juice Choice of Bread / Marg. Choice of Milk
8 Philly Steak w/ Hoagie Bun Diced Potatoes Carrot Coins Ambrosia Salad Choice of Bread / Marg. Choice of Milk	9 Parmesan Chicken Breast over Angel Hair Pasta Cauliflower w/ Cheese Sauce Italian Cut Green Beans Apple Juice Choice of Bread / Marg. Choice of Milk	10 Pineapple Glazed Boneless Pork Chop Red Skin Potatoes Roasted Brussels Sprouts Pineapple Juice Chocolate Cake Choice of Bread / Marg. Choice of Milk	11 Stuffed Pepper Soup w/ Crackers Potato Salad Fruited Gelatin Grape Juice Choice of Bread / Marg. Choice of Milk	12 Lemon Pepper Fish 7 Layer Salad Zucchini & Squash Cherry Crisp Choice of Bread / Marg. Choice of Milk
15 Cheese Tortellini Pasta w/ Meat Sauce Tossed Salad / Dressing French Style Beans Applesauce Garlic Breadstick / Marg. Choice of Milk	16 Roast Beef w/ Onion Gravy Mashed Potatoes & Gravy Lima Beans Fruit Cocktail Dinner Roll / Marg. Choice of Milk	17 Teriyaki Boneless Chicken Thighs Over Rice Pilaf Oriental Vegetables Creamed Spinach 100% Fruit Juice Choice of Bread / Marg. Choice of Milk	18 Baked Ham Scalloped Potatoes Glazed Baby Carrots Fresh Orange Pineapple Upside Down Cake Dinner Roll / Marg. Choice of Milk	19  <b>CLOSED</b> <b>In Observance of</b> <b>Good Friday</b> <b>Frozen Meals Available</b> <b>Upon Request</b>
22 Herb & Garlic Chicken Breast Mashed Potatoes & Gravy Winter Blend Vegetables Pineapple—Orange Juice Choice of Bread / Marg. Choice of Milk	23 Italian Sausage w/ Peppers & Onions Cheesy Roasted Red Potatoes Peas Peaches Choice of Bread / Marg. Choice of Milk	24 Salisbury Steak in Gravy Mashed Potatoes Green Beans Fruit Juice Choice of Bread / Marg. Choice of Milk	25 Cream of Potato Soup w/ Crackers Chicken Salad w/ Croissant Cole Slaw Fresh Apple Cookies Choice of Milk	26 Roast Beef & Kluski Noodles Mixed Vegetables Spiced Pear Fresh Orange Choice of Bread / Marg. Choice of Milk
29 Southern Glazed Pulled Pork w/ Bun Baked Potato w/ Sour Cream Creamed Corn Fresh Apple Choice of Milk	30 Roasted Turkey w/ Dressing Sweet Potato Casserole Harvard Beets Cranberry Juice Buttermilk Biscuit / Marg. Choice of Milk	<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>		