

## August 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>		<p>1 Beef &amp; Noodles Mashed Potatoes French Style Green Beans Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p>2 Herb Roasted Chicken Scalloped Potatoes Butter Beans Fruited Gelatin Dinner Roll / Marg. Choice of Milk</p>	<p>3 Pork Fritter w/ Gravy Parsley Potatoes Spinach Applesauce Chocolate Pudding Choice of Bread / Marg. Choice of Milk</p>
<p>6 Cheese Ravioli w/ Meat Sauce Cauliflower Stewed Apples &amp; Cranberries 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>7 Salisbury Steak Diced Potatoes Creamed Peas Pineapple Tidbits Choice of Bread / Marg. Choice of Milk</p>	<p>8 Glazed Ham Loaf Sweet Potato Praline Key Largo Vegetables Banana Corn Bread / Marg. Choice of Milk</p>	<p>9 Stuffed Peppers Mashed Potatoes Corn Cranberry Juice Dinner Roll / Marg. Choice of Milk</p>	<p>10 Honey Dijon Chicken Breast Diced Potatoes Mixed Vegetables Fresh Apple Short Bread Cookies Choice of Bread / Marg. Choice of Milk</p>
<p>13 Hawaiian Meatball over Rice Broccoli Florets Baked Pineapple Mandarin Oranges Choice of Bread / Marg. Choice of Milk</p>	<p>14 Pulled Beef Roast w/ Onion Gravy Parsley Potatoes Lima Beans Raisins Choice of Bread / Marg. Chocolate Pudding Choice of Milk</p>	<p>15 Chicken Salad w/ Croissant Potato Salad Fresh Fruit 100% Fruit Juice Cake Choice of Milk</p>	<p>16 Manicotti w/ Marinara Tossed Salad w/ Dressing Wax Beans Warm Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p>17 Sliced Pork Loin Roasted Potatoes w/ Bacon Buttered Carrots Orange Juice Dinner Roll / Marg. Choice of Milk</p>
<p>20 Italian Sausage w/ Peppers &amp; Onions Diced Potatoes Spanish Green Beans 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>21 Grilled Chicken Breast Mixed Vegetables Blueberry Cobbler Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p>22 Baked Cubed Steak Mashed Potatoes w/ Gravy Parsley Baby Carrots Banana Choice of Bread / Marg. Choice of Milk</p>	<p>23 Pork Roast Southern Fried Cabbage Wax Beans Fruited Orange Jell-O Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>24 Cheeseburger w/ Bun Boston Baked Beans Broccoli Salad Fresh Fruit Peanut Butter Cookies Choice of Milk</p>
<p>27 Rotisserie Baked Chicken Buttered Potatoes Brussels Sprouts 100% Fruit Juice Dinner Roll / Marg. Choice of Milk</p>	<p>28 Breaded Pollock w/ Tarter Sauce Au Gratin Potatoes Spiced Pears Cole Slaw Choice of Bread / Marg. Choice of Milk</p>	<p>29 BBQ Beef w/ Bun Baked Potato w/ Sour Cream Succotash Apricots Choice of Milk</p>	<p>30 Garden Salad w/ Dressing Vegetable Soup w/ Crackers Cottage Cheese Fresh Orange Brownie Breadstick / Marg. Choice of Milk</p>	<p>31 Baked Rotini with Sausage Tossed Salad / Dressing California Blend Vegetables Peach Crisp Choice of Bread / Marg. Choice of Milk</p>