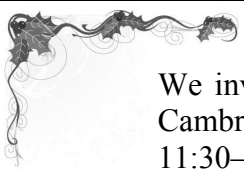
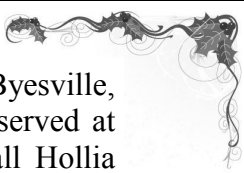


## December 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p> 				1 Fish Square w/ Tarter Sauce Roasted Potatoes w/ Bacon & Parmesan Peas Pineapple Juice Choice of Bread / Marg. Choice of Milk
4 Breaded Veal w/ Gravy Buttered Potatoes Glazed Carrots Fresh Orange Choice of Bread / Marg. Choice of Milk	5 Johnny Marzetti w/ Cheese Tossed Salad / Dressing Zucchini Apricots Choice of Bread / Marg. Choice of Milk	6 Chicken Salad w/ Bun Vegetable Soup w/ Crackers Fruited Cherry Gelatin Grape Juice Choice of Milk	7 Baked Ham Slice Au Gratin Potatoes Green Bean Cranberry Juice Dinner Roll / Marg. Choice of Milk	8 BBQ Chicken Cheddar Mashed Potato Brussels Sprouts Peaches Choice of Bread / Marg. Choice of Milk
11 Cubed Steak in Gravy Smashed Yukon Gold Potatoes Succotash Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk	12 Garlic & Herb Chicken Breast Mashed Potatoes w/ Gravy Cherry Crisp Banana Dinner Roll / Marg. Choice of Milk	13 Baked Pork Chop Seasoned Diced Potatoes Pears Apple Juice Choice of Bread / Marg. Choice of Milk	14 Broccoli & Cheese Soup w/ Crackers Hot Roast Beef Sandwich on Hoagie Bun Peaches Fresh Orange Choice of Milk	15 Baked Macaroni & Cheese Stewed Tomatoes Italian Blend Vegetables Raisins Choice of Bread / Marg. Choice of Milk
18 Creamed Chicken over Biscuit Key Largo Vegetables Spiced Pears Grape Juice Choice of Milk	19 Smoked Sausage Parsley Potatoes Seasoned Cabbage Fruit Cocktail Choice of Bread / Marg. Choice of Milk	20 Spaghetti w/ Meat Sauce Tossed Salad / Dressing Mixed Vegetables Plums Garlic Bread / Marg. Choice of Milk	21 Chili Soup w/ Crackers Carrot Raisin Salad Fresh Apple 100% Fruit Juice Corn Bread / Marg. Choice of Milk	22 Roast Beef w/ Onions Mashed Potatoes w/ Gravy Green Beans Fresh Orange Choice of Bread / Marg. Choice of Milk
25 <b>CLOSED</b> <b>Frozen Meals</b> <b>Available</b> <b>Upon Request</b>	26 <b>CLOSED</b> <b>Frozen Meals</b> <b>Available</b> <b>Upon Request</b>	27 Salisbury Steak in Gravy Diced Potatoes Buttered Carrots Fresh Orange Choice of Bread / Marg. Choice of Milk	28 Vegetable Lasagna Mixed Vegetables Tropical Fruit Salad Peaches Bread Stick / Marg. Choice of Milk	29 Pork Loin Mashed Potatoes w/ Gravy Sauerkraut Pineapple Brownie Dinner Roll / Marg. Choice of Milk