

## March 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>			<p>1 Meatloaf Smashed Yukon Gold Potatoes Normandy Blend Vegetables Peaches Choice of Bread / Marg. Choice of Milk</p>	<p>2 Vegetable Lasagna Mixed Greens Salad / Dressing Spiced Pears Grape Juice Baked Breadstick / Marg. Choice of Milk</p>
<p>5 Spanish Rice with Beef French Style Green Beans Cherry Crisp Fresh Apple Choice of Bread / Marg. Choice of Milk</p>	<p>6 Smoked Sausage Cheddar Mashed Potatoes Sauerkraut w/ Caraway Seed 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>7 Honey Garlic Boneless Chicken Thighs Buttered Potatoes Carrots Banana Dinner Roll / Marg. Choice of Milk</p>	<p>8 Chili Soup w/ Crackers Potato Salad Raisins Fresh Orange Tapioca Pudding Choice of Milk</p>	<p>9 Panko Crusted Tilapia w/ Tarter Sauce Au Gratin Potatoes Stewed Cinnamon Apple Slices Cole Slaw Choice of Bread / Marg. Choice of Milk</p>
<p>12 Salisbury Steak in Mushroom Gravy Mashed Potatoes Yellow Hominy Fruit Cocktail Choice of Bread / Marg. Choice of Milk</p>	<p>13 Shredded Chicken w/ Bun Potato Wedges Calico Baked Beans Grape Juice Sugar Cookies Choice of Milk</p>	<p>14 BBQ Pork Country Ribs Garlic &amp; Onion Potato Bites Lima Beans Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>15 Roast Beef in Au Jus Parsley Potatoes Mixed Vegetables Apple Juice Choice of Bread / Marg. Choice of Milk</p>	<p>16 Cheese Ravioli w/ Marinara Sauce Peas Cauliflower w/ Cheese Applesauce Choice of Bread / Marg. Choice of Bread</p>
<p>19 Country Fried Steak Fritter w/ White Peppered Gravy Scalloped Potatoes Spinach Fresh Orange Choice of Bread / Marg. Choice of Milk</p>	<p>20 Chicken Alfredo over Fettuccini Tossed Salad / Dressing Broccoli Spears Fresh Apple Garlic Breadstick / Marg. Cake w/ Icing Choice of Milk</p>	<p>21 Stuffed Green Pepper in Sauce Mashed Potatoes Corn 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>22 Great Northern Bean Soup w/ Ham Diced Potatoes w/ Onions Collard Greens Pears Cornbread / Marg. Choice of Milk</p>	<p>23 Breaded Crab Cake Buttered Potatoes Diced Beets Apricots Yogurt Cup Choice of Bread / Marg. Choice of Milk</p>
<p>26 Baked Pasta Casserole Garden Blend Vegetables Peaches Apple Juice Choice of Bread / Marg. Choice of Milk</p>	<p>27 Pineapple Glazed Pork Chop Hash Brown Casserole Mixed Vegetables Orange Juice Choice of Bread / Marg. Choice of Milk</p>	<p>28 Roast Beef &amp; Kluski Noodles Brussels Sprouts Carrots Apricots Dinner Roll / Marg. Choice of Milk</p>	<p>29 Rotisserie Baked Chicken Quarter Buttered Red Potatoes Creamed Peas Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p><b>Closed</b> <b>Frozen Meals</b> <b>Available Upon</b> <b>Request</b></p>