

November 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>			<p>1 Beef Stew w/ Vegetables Lima Beans Pears 100% Fruit Juice Cake w/ Icing Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>2 Country Fried Steak w/ White Gravy Seasoned Cubed Hash Browns Brussels Sprouts Cherry Fruited Jell-O Choice of Bread / Marg. Choice of Milk</p>
<p>5 Smoked Sausage Buttered Potatoes Calico Baked Beans Fresh Fruit Choice of Bread / Marg. Choice of Milk</p>	<p>6 Fish Square w/ Tarter Sauce & Bun Diced Potatoes O'Brien Cole Slaw Apple Juice Choice of Bread / Marg. Choice of Milk</p>	<p>7 Ground Beef Vegetable Soup w/ Crackers Raisins Frosted Fruit Jell-O Oatmeal Cream Cookie Choice of Milk</p>	<p>8 Rotini w/ Meat Sauce Tossed Salad / Dressing Green Beans Ambrosia Salad Garlic Breadstick / Marg. Choice of Milk</p>	<p>9 Grilled Chicken Breast Roasted Red Potatoes Spinach 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>
<p>12 Roast Beef in Au Jus Buttered Potatoes Succotash Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p>13 Chicken A La King over Biscuit Broccoli Cherry Crisp Fresh Orange Choice of Milk</p>	<p>14 Stuffed Green Pepper Mashed Potatoes Peas Banana Choice of Bread / Marg. Choice of Milk</p>	<p>15 Ham Salad w/ Choice of Bread Bacon Potato Corn Chowder w/ Crackers Fruit Cocktail Fresh Apple Iced Chocolate Brownie Choice of Milk</p>	<p>16 Potato & Cheese Pierogis w/ Onions Southern Fried Cabbage Creamed Tomatoes Cottage Cheese Peaches Choice of Bread / Marg. Choice of Milk</p>
<p>19 Baked Spaghetti w/ Cheese Tossed Salad / Dressing California Blend Vegetables Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p>20 Memphis Sweet BBQ Pulled Pork Buttered Yukon Gold Potatoes Carrots Grapes Mini Cornbread Loaf / Marg. Choice of Milk</p>	<p>21 Roasted Turkey / Stuffing Mashed Potatoes w/ Gravy Corn Cranberry Walnut Salad Pumpkin Pie Dinner Roll / Marg. Choice of Milk</p>	<p>22 CLOSED FROZEN MEALS AVAILABLE UPON REQUEST</p>	<p>23 CLOSED FROZEN MEALS AVAILABLE UPON REQUEST</p>
<p><i>Happy Thanksgiving</i></p>				
<p>26 Vegetable Lasagna Beets Pears Cranberry Juice Choice of Bread / Marg. Choice of Milk</p>	<p>27 Baked Bone-In Pork Chop Parsley Potatoes Mixed Vegetables Tropical Fruit Salad Choice of Bread / Marg. Choice of Milk</p>	<p>28 Chicken Normandy Garden Blend Vegetables Peaches Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p>29 Glazed Meatloaf Garlic Mashed Potatoes Creamed Peas Sunshine Salad Dinner Roll / Marg. Choice of Milk</p>	<p>30 Beef Spanish Rice Cauliflower Green Beans Fresh Apple Choice of Bread / Marg. Choice of Milk</p>