

October 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">1</p> <p>Cheese Tortellini w/ Meat Sauce Tossed Salad / Dressing Brussels Sprouts Spiced Pears Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">2</p> <p>Cubed Steak w/ Mushroom Gravy Hash Brown Casserole Mixed Vegetables Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">3</p> <p>Chicken Florentine Buttered Potatoes Cherry Crisp Fresh Apple Dinner Roll / Marg. Choice of Milk</p>	<p style="text-align: center;">4</p> <p>Beef & Noodles Oven Fried Hominy Carrots Cranberry Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">5</p> <p>Polish Rope Kielbasa Loaded Mashed Potato Bake Blueberry Compote Sauerkraut Salad Choice of Bread / Marg. Choice of Milk</p>
<p style="text-align: center;">8</p> <p>Chili w/ Crackers Whole Beets Raisins Chocolate Pudding Dessert Choice of Milk</p>	<p style="text-align: center;">9</p> <p>Pineapple Glazed Pork Chop Scalloped Potatoes Broccoli Tropical Fruit Salad Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">10</p> <p>Open Faced Hot Beef w/ Gravy Mashed Potatoes Peas Fresh Orange Cake w/ Icing Choice of Milk</p>	<p style="text-align: center;">11</p> <p>Smothered Chicken w/ Cheese, Mushrooms, Peppers & Onions Buttered Red Potatoes Corn Fresh Apple Dinner Roll / Marg. Choice of Milk</p>	<p style="text-align: center;">12</p> <p>Baked Macaroni & Cheese Okra Tomato Casserole Stewed Prunes 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>
<p style="text-align: center;">15</p> <p>Herb Roasted Pulled Pork Parsley Potatoes Spinach Pears Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">16</p> <p>Beef Lasagna Tossed Salad w/ Tomato & Dressing French Style Green Beans Applesauce Garlic Breadstick / Marg. Choice of Milk</p>	<p style="text-align: center;">17</p> <p>Sweet & Sour Chicken Over Rice Cauliflower Cheesy Pineapple Casserole Banana Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">18</p> <p>Salisbury Steak in Gravy Mashed Potatoes Butter Beans Peaches Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">19</p> <p>Potato Crunch Pollock Roasted Potatoes w/ Parmesan Italian Blend Vegetables Fruited Gelatin Choice of Bread / Marg. Choice of Milk</p>
<p style="text-align: center;">22</p> <p>Yankee Pot Roast Smashed Yukon Gold Potatoes Baby Carrots 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">23</p> <p>Pork Fritter w/ Gravy Au Gratin Potatoes Mixed Vegetables Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">24</p> <p>Cabbage Rolls in Sauce Mashed Potatoes Corn Plums Dinner Roll / Marg. Choice of Milk</p>	<p style="text-align: center;">25</p> <p>Great Northern Beans w/ Ham Diced Potatoes Seasoned Collard Greens Cinnamon Applesauce Cornbread / Marg. Choice of Milk</p>	<p style="text-align: center;">26</p> <p>Chicken Salad w/ Choice of Bread Broccoli Cheese Soup w/ Crackers Mustard Potato Salad Fresh Orange Cookies Choice of Milk</p>
<p style="text-align: center;">29</p> <p>Baked Pasta Casserole Garden Blend Vegetables Spiced Peaches Cranberry Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">30</p> <p>Mesquite Baked Chicken Buttered Potatoes Creamed Peas Fruit Cocktail Buttermilk Biscuit / Marg. Choice of Milk</p>	<p style="text-align: center;">31</p> <p>Southern Glazed Pork Roast Baked Potato w/ Sour Cream Green Beans w/ Bacon & Onions Fresh Fruit Rice Krispy Treat Choice of Bread / Marg. Choice of Milk</p>	<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>	