

February 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken & Spaetzle Dumplings Buttered Whole Potatoes Peach Crisp Grape Juice Choice of Bread / Marg. Choice of Milk	2 Bone-In Pork Chop Diced Potatoes Buttered Peas Fresh Apple Choice of Bread / Marg. Choice of Milk	3 Memphis Sweet BBQ Pulled Beef w/ Bun Seasoned Fries Butter Beans Tropical Fruit Jell-O Cake Choice of Milk	4 Stuffed Green Pepper Mashed Potatoes Corn 100% Fruit Juice Choice of Bread / Marg. Choice of Milk	5 Herb Roasted Chicken Wax Beans Harvard Beets Lemon Berry Juice Cup Choice of Bread / Marg. Choice of Milk
8 Cubed Pork Cutlet in Gravy Mashed Potatoes Spinach Apple Juice Sweet Yeast Roll / Marg. Choice of Milk	9 Sweet & Sour Chicken over Rice Asian Blend Vegetables Baked Pineapple Fresh Orange Choice of Bread / Marg. Choice of Milk	10 Roast Beef & Noodles Buttered Potatoes Succotash Mixed Fruit Tapioca Pudding Sliced Marble Rye / Marg. Choice of Milk	11 Chili Cornbread Casserole Harvard Beets Wax Beans Banana Vanilla Pudding Grape Juice Choice of Milk	12 Cubed Steak w/ Mushroom Gravy Mashed Potatoes Mixed Vegetables Fresh Banana Valentine Sugar Cookies Choice of Bread / Marg. Choice of Milk
15 Rope Polish Kielbasa Flame Roasted Vegetables Green Beans Pineapple Tidbits Choice of Bread / Marg. Choice of Milk	16 Meatloaf Scalloped Potatoes Glazed Baby Carrots Cinnamon Applesauce Dinner Roll / Marg. Choice of Milk Potato & Cheese	17 Soup Beans & Ham Three Bean Salad Fresh Orange Grape Juice Corn Bread / Marg. Choice of Milk	18 Open Face Roast Beef Mashed Potatoes Broccoli Fresh Apple Butterscotch Oatmeal Bar Choice of Bread / Marg. Choice of Milk	19 Butter Crumb Breaded Pollock w/ Tarter Sauce Scalloped Potatoes Spiced Pears Cole Slaw Choice of Bread / Marg. Choice of Milk
22 Cabbage Roll Mashed Potatoes Bahamas Vegetables Blend Fresh Orange Choice of Bread / Marg. Choice of Milk	23 Chicken Divan Peas & Carrots Apple Crisp Grape Juice Choice of Bread / Marg. Choice of Milk	24 Beef Stew Raisins Frosted Jell-0 Salad Lorna Doone Biscuit / Marg. Choice of Milk	25 Pork Chop Seasoned Cubed Hash Browns Lima Beans Fruit Cocktail Dinner Roll / Marg. Choice of Milk	26 Cheese Manicotti w/ Sauce Italian Vegetables Cinnamon Apple Slices 100% Fruit Juice Italian Bread / Marg. Choice of Milk

We invite you to join us for “Grab & Go” lunch at the Guernsey County Senior Center, the Byesville Site, Cumberland, Londonderry, Pleasant City, and Senecaville sites. Lunch is served at 11:30—12:30. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk. Ingredient content can be found on our website.