

# November 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Meat Lasagna Tossed Salad French Green Beans Spiced Peaches Juice Choice of Bread / Marg. Choice of Milk	3 Chicken Cordon Blue Mixed Vegetables Parsley Potatoes Fresh Orange Dinner Roll / Marg. Choice of Milk	4 Meatloaf Au gratin Potatoes Carrots Fresh Grapes Choice of Bread / Marg. Choice of Milk	5 Loaded Potato Soup w/ Crackers Ham Salad Croissant Beets Banana Choice of Milk	6 Baked Porkchop Mashed Potatoes / Gravy Lima Beans Applesauce Corn Bread / Marg. Choice of Milk
9 Cabbage Rolls Mashed Potatoes Buttered Corn Fruit Punch Choice of Bread / Marg. Choice of Milk	10 Smoked Sausage w/ Bun Potatoes O'Brien Stewed Apples & Raisins Sauerkraut Salad Choice of Milk	11 Chicken Tenders w/ Ranch Buttered Peas Bread Pudding 100% fruit Juice Fresh Apple Choice of Milk	12 Roast Beef Buttered Potatoes Green Beans Pears Dinner Roll/ Marg. Choice of Milk	13 Chicken & Noodles Mashed Potatoes & Gravy Broccoli Fresh Fruit Choice of Bread / Marg. Choice of Milk
16 Battered Fish Parsley Potatoes Succotash Juice Choice of milk	17 Cheese Omelet Cubed Potatoes Spiced Peaches Mandarin Oranges Muffin/ Marg. Choice of Milk	18 Ravioli Tossed Salad w/ Dressing Winter Blend Banana Breadstick / Marg. Choice of Milk	19 Baked Chicken Scalloped Potatoes Baked Beans Brownie Choice of Bread/ Marg. Choice of Milk	20 Beef Vegetable Soup w/ Crackers Diced Beets Fresh Grapes Vanilla Pudding Biscuit / Marg. Choice of Milk
23 Sloppy Joe w/ Bun Loaded Country Fries Mixed Vegetables Tropical Fruit Salad Choice of Bread / Marg. Choice of Milk	24 Roast Pork Sweet Potato Wax Beans Lemon Berry Fruit Cup Dinner Roll / Marg. Choice of Milk	25 Roasted Turkey & Stuffing Baby Glazed Carrots Mashed Potatoes / Gravy Cranberry Walnut Jello Salad Dinner Roll / Mag. Pumpkin Pie Choice of Milk	26 <b>CLOSED HOLIDAY FROZEN MEALS AVAILABLE UPON REQUEST</b>	27 <b>CLOSED HOLIDAY FROZEN MEALS AVAILABLE UPON REQUEST</b>
30 Stuffed pepper Soup w/ Crackers Pimento Cheese w/ Bun Banana Grape Juice Cookies Choice of Milk	<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville Site, Cambridge Heights, Cumberland, Londonderry, and Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk. Ingredient content can be found on our website.</p>			