

October 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville Site, Cambridge Heights, Cumberland, Londonderry, and Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk. Ingredient content can be found on our website.</p>			<p>1 Stuffed Peppers Mashed Potatoes Buttered Corn Fruited Jell-O Choice of Bread / Marg. Choice of Milk</p>	<p>2 Country Fried Steak w/ Country Gravy Whole Potatoes Mixed Vegetables Pears Biscuit / Marg. & Jelly Choice of Milk</p>
<p>5 Cubed Pork w/ Gravy Wax Beans Peach Cobbler Juice Choice of Bread / Marg. Choice of Milk</p>	<p>6 Breaded Parmesan Chicken Over Spaghetti Italian Blend Vegetables Cherry Crisp Peaches Breadstick / Marg. Choice of Milk</p>	<p>7 Potato Crunch Pollock / Hushpuppies Roasted Red Skin Potatoes w/ Bacon & Cheese Peas & Carrots Fresh Grapes Choice of Bread / Marg. Choice of Milk</p>	<p>8 Great Northern Beans w/ Ham Diced Potatoes Seasoned Collared Greens Applesauce Cornbread / Marg. Choice of Milk</p>	<p>9 Vegetable Lasagna Tossed Salad Italian Peas Stewed Apples Breadstick / Marg. Choice of Milk</p>
<p>12 Sweet & Sour Meatballs Over Rice Broccoli Fruit Punch Cheesy Pineapple Casserole Choice of Bread / Marg. Choice of Milk</p>	<p>13 Open Face Roast Beef Mashed Potatoes Lima Beans Grape Juice Texas Toast Choice of Milk</p>	<p>14 Pepperoni & Sausage Pizza Corn Spinach Fresh Orange Cupcakes Choice of Milk</p>	<p>15 Stuffed Shells Tossed Salad / Dressing French Green Beans Orange Pineapple Juice Bread Stick / Marg. Choice of Milk</p>	<p>16 Honey Glazed Balsamic Chicken Thighs Buttered Potatoes Creamed Peas Fresh Fruit Dinner Roll / Marg. Choice of Milk</p>
<p>19 Shepherds Pie Warm Cinnamon Applesauce Bread Pudding Diced Beets Juice Choice of milk</p>	<p>20 Pork Loin Mashed Potatoes w/ Gravy Baby Carrots Fresh Apple Biscuit / Marg. Choice of Milk</p>	<p>21 Chicken Alfredo over Fettuccini Tossed Salad w/ Dressing Winter Blend Banana Breadstick / Marg. Choice of Milk</p>	<p>22 Chili w/ Crackers Pickled Beets Raisins Peaches Brownie Cornbread / Marg. Choice of Milk</p>	<p>23 Meatloaf Mashed Potatoes / Gravy Cream Corn Fresh Grapes Vanilla Pudding Choice of Milk</p>
<p>26 Salisbury Steak Mashed Potatoes Mixed Vegetables Tropical Fruit Salad Choice of Bread / Marg. Choice of Milk</p>	<p>27 BBQ Pork Baked Potato Succotash Lemon Berry Fruit Cup Dinner Roll / Marg. Choice of Milk</p>	<p>28 Rueben Casserole Sweet Potatoes Applesauce Coleslaw Choice of Bread / Mag. Choice of Milk</p>	<p>29 Beef & Noodles Diced Red Skin Potatoes Buttered Carrots Ambrosia Salad Pumpkin Cake Dinner Roll Choice of Milk</p>	<p>30 Smothered Chicken w/ Mushrooms & Cheese Scalloped Potatoes Winter Blend Vegetables Banana Juice Dinner Roll / Marg. Choice of Milk</p>